



## Waterside Walking for Health monthly list

Hi all,

Below is the latest list covering the rest of January and all February

These walks are also usually published in The Herald magazine.

The latest list always is available on

<https://sites.google.com/site/watersidewfh/home/Waterside%20WfH%20latest%20walks.pdf>

Thursday 24th January @ 14:00

Meet at Kings Hat Car park. From Applemore roundabout head into the forest at the first crossroad turn left. Follow the road down towards Beaulieu. When you are about to enter the woodland area, Kings Hat car park is on the right. The walk (#2) is approximately 2.6 miles, it goes across open heathland, some woodland. It can be quite muddy in places, but most is bypassable.

Monday 28th January @ 10:00

A Walk from Longdown car park. Longdown(#3) is a pine forest walk on gravel tracks mostly, although there might be some muddy bits. (This car park is on the Marchwood to Colbury road. If you are coming from Marchwood then it is down a small lane just at the top of the small rise as the road bends right on the way to Deerleap Car park). This walk is about 2.3 miles.

Thursday 7th February @ 14:00

This walk starts from Lepe Beach and is about 2.5 mile. From Hythe travel south along the A326 (Long Lane), past what used to be the Holbury Inn, past Aroma Indian restaurant until you come to a roundabout. Take the 2nd exit to Lepe, Blackfield etc. (called Long Copse). Go through the traffic lights at Gangwarily, keeping straight on along Hampton Lane. Past the shops and the petrol station. Keep going until you reach the sea, turn left into the sea front Car Park. We will have to pay parking here. There is a cafe for after walk refreshments if you wish.

Monday 11th February @ 10:00

A walk from Hawkhill car park, (Leaving Beaulieu, on the way to Brockenhurst – past Hatchet Pond and about a mile on the right is a track that leads to Hawkhill car park, it used to be very pot holey track, so be careful) This walk is a circular walk of about 2.0 miles. It is almost 100% on gravel tracks and can be walked in almost all weathers. The route passes through oak woodland, pine woodland and some open ground. Very pleasant.

Saturday 16th February @ 10:30

Denny Wood car park for a 5.7 mile walk. Denny Wood is a camp site in the summer, it can be found on the Beaulieu road from Lyndhurst. The camp-site can be found on a very sharp bend in the road, the entrance is on the left if you are coming from Beaulieu Road station, or directly ahead if you are coming from Lyndhurst. The walk is mostly forest tracks, so some chances of mud and damp grass, there is also a little tarmac walking.

Thursday 21st February @ 14:00

Round Hill campsite can be found on the Hatchet Pond to Brockenhurst road (B3055). Go over all the heathland and follow the road right into the wood, close to the Stockley Cottages. Continue to follow the road around two sharp left bends. Along the next long straight you will see a campsite Roundhills sign low down on the left. Turn left into the campsite. Follow the long entry drive, parking is available close to the reception hut(which is closed at this time of the year). The walk, which is 2.2 miles long is easy walking largely on the campsite roads or gravel tracks, with just a little grass walking.

Monday 25th February @ 10:00

Our walk starts from Gangwarily car park, take the A326 south, past Hardley School(New Forest Academy), past Holbury to the roundabout. Take the right fork down Long Copse to the traffic lights, turn left at the lights and turn into the recreation Centre car park. This walk is mostly on gravel tracks, some grass, and also some small amounts of mud, depending on the rain situation, so some form of boot is recommended. Its a nice 2.4 mile walk with some beautiful scenery.

All the best

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