



Waterside Walking for Health monthly list

Hi all,

Below are the walks I have planned for the rest of July and all August.

These walks are also usually published in The Herald magazine, Whats On section.

The latest list always is available on

<https://sites.google.com/site/watersidewfh/home/Waterside%20WfH%20latest%20walks.pdf>

Saturday 21st July Long Walk @ 10:30

Meet at 10:30 in Royal Oak Downton pub car park for a 5.2 mile walk. This can be reached by taking the A337 from Lymington for 3 miles after the small roundabout with the garage on one corner. You should reach a town sign saying Downton closely followed by a brown sign for Shorefield Park. The pub is on the next turning left. Turn down that road as the car park entrance is there. We have permission to park here, but they would like us to go in and have a drink afterwards – tough isn't it ;-). This walk is a really good mixture of woodland, river, coastal and field walking. Its one of my favourites with some superb views.

Thursday 26th July @ 15:00

This walk starts from Pig Bush car park. From Applemore roundabout, head out into The New Forest towards Beaulieu Road station. Just before you would turn right to the station, turn left, follow that road down until you reach the edge of the trees, the car park there is Pig Bush. This walk (2.4 miles) is mostly on either forest gravel tracks or short grass routes. Walking across Penny Moor could be muddy if there has been heavy rain recently. It was no problem when tested.

Monday 30th July @ 10:00

A mostly easy flat walk (one short hill) from Shatterford car park, just over the railway bridge from Beaulieu Road station and on the left. Mostly open heath which can be a little muddy after recent rain, with a little woodland walking. This walk is 2.7 miles and is different from the one we did in June.

Thursday 9th August @ 15:00

Another walk from Hawkhill(#2) car park (Leaving Beaulieu, on the way to Brockenhurst – past Hatchet Pond and about a mile on the right is a track that leads to Hawkhill car park) This walk is a circular walk of about 3.2 miles. The route we will follow passes through oak woodland, pine woodland and some open ground. Its all very pleasant, but there is a long section which, if its been raining will be quite muddy, hopefully it is bypassable.

Monday 13th August @ 10:00

Meeting in Hatchet Pond car park for a 2 mile walk. The car park is on the way from Beaulieu to Brockenhurst. You go past the Farm shop, out on to the heathland, just after the left turn for Lymington, on the left is the entrance to the car park. I usually park at the rear of the car park, but that is up to you. The walk goes around the lake, all the way, so there may be some muddy bits where the feeder rivers enter, especially if there has been a reasonable amount of rain.

Saturday 18th August Long Walk @ 10:30

This is a new walk for us, it starts in the Swan Green car park and is 5.3 mile walk. Swan Green car park(SO43 7DW) is on the right as you leave Lyndhurst on the A35. When you get to The Swan pub on the left, immediately turn right, heading for Emery Down. Its not a nice corner to turn on, so please be careful. The car park is on the left after 150yds immediately after the cattle grid. The walk is lovely when dry-ish, it can be really muddy in winter. We will walk to the Reptile Centre and the Portuguese Fireplace and back through Emery Down. Much of the walk is on gravel tracks but there is also some road walking.

Thursday 23rd August @ 15:00

Assemble in Crockford car park, NOT Crockford Passage, for a 2.6 mile walk. This car park is on the Beaulieu to Lymington road, past the airfield, past Crockford Clump on the left, down the hill over the bridge. The car park is on the top of the rise on the right. If you get to the cross roads you have gone too far. The walk is mainly open heathland, mostly grass pathways, with a little gravel where there has been erosion.

Tuesday 27th August @ 10:00

Meet at Beaulieu Road car park for a 2.6 mile walk. From Applemore roundabout head into the forest and follow the road over Ipley crossroads, when you meet a T-junction turn right. The car park is directly opposite The Drift Inn near Beaulieu Road Station. The walk is mostly on Forest tracks, which if it has been raining a lot could be a little muddy.

All the best

Mike Roberts

Email mikecrobs@gmail.com

Mobile 07811 361319

Home 02380 847461